

Dix Park

Program + Event Guide

Spring 2024



Hammocks and Park-tivity Stations are back!

Like a little free library for play, our Park-tivity Stations have soccer balls, jump ropes and hula hoops available to borrow while you're in the park.

The play equipment is located at Flowers Field near the picnic tables and at the Oak Room picnic and play area from March through October.

Hammocks are located in the Grove, Big Field pine trees, and near the Sunflower Field.



Dog Park

Dogs can run and play off-leash in our large grass-covered dog park, which is open seven days-a-week from dawn until dusk. Amenities include a water station with bottle filler and dog fountain, seating, shade structures, separate small dog area. Pets must be on leash in all other areas of the park.

Dog Park Closure for Dreamville: April 1 – 9

Picnic + Play Areas

The Magnolia Room and Oak Room are the perfect place to enjoy a picnic any day of the week - first come first serve.

In addition to the shaded seating area, and six picnic tables which seats 36 people, each picnic and play area has a grill, water fountain, play equipment and swinging benches.

Picnic and play areas are available to rent for birthday parties and other social gatherings.

Learn more at dixpark.org/rentals

Gardens + Ecology

Little Explorers: Preschool Nature Program

11 - 12pm | The Chapel Event Lawn

Preschoolers will have fun learning about animals and nature at the park. Stories, games, songs, and live creatures bring this program to life for little learners!

Monday, May 13

My, How You've Changed!

Forest Bathing

3:30 - 5pm | Flowers Cottage

Led by certified mindfulness instructors, this talk and walk explores the history, research, and benefits of forest bathing for human health while experiencing our Pine Loop Trail with all the senses.

Saturday, May 18

Bird Watching

8 - 10am | Flowers Cottage

Learn from birding experts about the resident and migrant birds of Dix Park and sharpen your bird identification skills.

Saturday, March 9

Saturday, April 20

Saturday, May 25

Plant Pals

6-7:30pm | The Chapel

Join Copperline Plant Co. for informative and interactive workshops. Plants and materials included!

Wednesday, May 22

Houseplants 101

Wednesday, May 29

Making a Succulent Garden

History + Reflection

Guided Walking Tours

12 - 2pm | Meet at The Chapel

On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park.

Saturday, March 23

Saturday, April 20

Saturday, May 25

Intro to Genealogy

11 - 1pm | The Chapel

Begin your journey into family history! Led by State Library of NC, this class will cover research principles and methods, and how to locate and use records to add context to your family story.

Saturday, March 16

Civil War Hike

10 - 12pm | Meet at The Chapel

Learn about the Union troops who camped on the state hospital grounds, Raleigh's earthworks, and the impacts of the Civil War on the hospital and patients. Led by Director of Museums for the City of Raleigh, Ernest Dollar.

Saturday, April 13



Arts + Culture

Craft Club

9 - 11am | Flowers Cottage

We invite you to join us for a series of making great good things, in partnership with A Great Good Space- a community art and design studio for learners of all ages.

Saturday, March 23

Saturday, May 11

Artists Talks

6 - 7pm | The Chapel

Don't miss this series of stimulating and thought-provoking conversations on public art and the environment, in partnership with Small School.

Wednesday, March 7

Alan Sonfirst, Land + Earth Art

Wednesday, April 18

Jen Delos Reyes, Creative Labor

Wednesday, May 30

Jean Shin, Discarded Objects

Connect + Create

6 - 7:30pm | The Chapel

In partnership with Artspace, we invite you to join us in the Chapel for a series of art classes for all ages! Materials are included.

Wednesday, March 13

Women of History Collage

Wednesday, April 10

Floral Watercolor Stickers

Wednesday, May 8

Vibrant Vignettes



Wellness + Play

Self-Care Sunday: Sound Bath Meditation

2 - 3:30pm | The Chapel

Immerse yourself in a serene journey of sound and tranquility with Sound Sanctuary NC. Join us for an afternoon of deep relaxation and inner peace.

Sunday, March 31

Sunday, April 28

Sunday, May 26

Self-Care Sunday: Indoor Yoga

3:30 - 4:30pm | The Chapel

Join Carrington Razook-Jackson for a yoga practice that uses movement, breath, and stillness to re-center and replenish ourselves, and to remember that we are better together.

Sunday, March 10

Sunday, April 14

Sunday, May 5

Yoga in the Park

5:30 - 6:30pm | Flowers Field

Enjoy the nature and tranquility of Dix Park as certified yoga instructors lead you through poses to increase strength and flexibility. All fitness levels welcome!

Every Monday

Registration opens two weeks in advance for programs.

All Programs + Classes are free thanks to Dix Park Conservancy Donors!

Details + Register: dixpark.org/calendar



Spring Events

April
06-07

Dreamville Music Festival

12 - 11pm | The Big Field

Dreamville Festival is a ticketed outdoor weekend music celebration produced by internationally-acclaimed hip-hop superstar (and NC native) J. Cole alongside his Dreamville record label team.

More information: dreamvillefest.com



May 18

Inter-Tribal Pow Wow

11:30 - 6:30pm | Harvey Hill

The community is invited to experience a day of competition dancing, music, and vendors showcasing the incredible legacy and culture of Indigenous communities living in North Carolina today. Free to attend, all are welcome!



April 19

Raleigh Earth Day

5 - 10pm | Flowers Field

In partnership with We Plant it Forward's Arbor Day

Join us for this free community event to grow our collective community purpose toward the preservation and restoration of the natural environment. Explore earth-conscious vendors and organizations while enjoying live music, games, and activities for all ages. We will be showing a family friendly movie to conclude the event. Captions provided.

5 pm | Activities + Food Trucks

8:15 pm | Movie *The Lorax*



Accessibility + Inclusion

Dix Park continues to strive to be accessible and welcoming for visitors, including those with disabilities. Currently, outdoor areas, including some park spaces where programs and events occur, have uneven surfaces and are not fully accessible. Accessibility is a primary focus for all future planning and development. Raleigh Parks Inclusion Services works with community members to support participation. Contact us for more information.