Dix Park

Program + Event Guide Summer 2024



Stone Houses Visitor Center + Outdoor Classroom

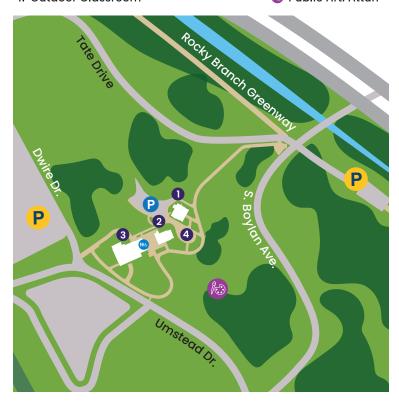
Open June 1st

Visit the newest amenities in Dix Park located at the restored Stone Houses at the S. Boylan Avenue entrance of Dix Park. At the top of the hill, along the lower side of the Superintendent's House, public restrooms are now available for park users year-round. Closer to the Rocky Branch Trail, the Gatekeeper's Cottage Visitor Center welcomes people in to learn about what the park has to offer today, in the future and to learn about the park site's layered history. These facilities, along with an outdoor classroom and other seating areas, are all connected by a new accessible multi-modal pathway that leads up from the greenway into the park. As you approach, you can't miss, Attun, a large-scale sculpture, nestled in the hillside. Come explore and enjoy this beautiful space at Dix Park this summer!

Map Key

- 1. Gatekeeper's Cottage Visitor Center
- 2. Physician's House
- 3. Superintendent's House
- 4. Outdoor Classroom

- Restrooms
- P Public Parking
- ADA Parking
- Public Art: Attun



Gardens + Ecology

Little Explorers: Preschool Nature Program

11 - 12pm | Outdoor Classroom

Preschoolers will have fun learning about animals and nature at the park. Stories, games, songs, and live creatures bring this program to life for little learners!

Monday, June 17

Firefly Frenzy

Monday, July 22

Paws + Claws

Monday, August 19

Snouts + Sniffers

Discovering the Magic of Pollinators

10 - 11:30am | Magnolia Room

From butterflies and bees to bats and birds, learn about their crucial role in our ecosystem and how they help plants reproduce. All ages are welcome!

Saturday, July 13

Bird Watching

8 - 10am | Flowers Cottage

Learn from birding experts about the resident and migrant birds of Dix Park and sharpen your bird identification skills.

Saturday, June 15 Saturday, July 13

Saturday, July 27 Saturday, August 10

Plant Pals

6-7:30pm | The Chapel

Join Urban Pothos for fun, hands-on workshops, and leave with plants and plant tips!

Wednesday, June 26

Mini Succulent Garden

Wednesday, July 31

Air Plant Terrarium

Wednesday, August 28

Crystal Intentions Terrarium

History + Reflection

Guided Walking Tours

12 - 2pm | Meet at The Chapel

On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park.

Saturday, June 22 Saturday, July 20 Saturday, August 17

Genealogy Workshop

11am - 1pm | The Chapel

Join librarians from the State Library of North Carolina Government & Heritage Library for a two-hour workshop where we will take a deep dive into using the U.S. Census in HeritageQuest.

Saturday, August 3

Food + Community

Treasure Hunt

4 - 6pm | Magnolia Room

Explore Dix Park during this fun treasure hunt through a partnership with Triangle Treasure Hunt! The clues are geared toward ages 13+ and groups of 2-4 are recommended.

Saturday, August 10



Arts + Culture

Wake County Public Library Pop-Up

10am - 12pm | Outdoor Classroom

You can sign up for a library card, check out items and return borrowed materials. Family storytime begins at 10:30am and is an interactive program with books, music, rhymes and movement designed to nurture pre-reading skills for young children.

Tuesday, June 14

Artist Talks

6 - 7:30pm | The Chapel

Join us for thought-provoking conversations on public art and the environment in partnership Small School.

Thursday, June 6 | 6 - 7:30pm Alan Sonfist

Thursday, June 20 | 7:30 - 9pm DeWitt Godfrey

Photography Workshop

6 - 8pm | Outdoor Classroom

Learn basic composition techniques, capturing light and shadow, and camera settings to create impactful images at a beginner workshop with Raleigh Film and Art Festival.

Wednesday, July 17

Connect + Create

6 - 7:30pm | The Chapel

Join us for all-ages art classes in partnership with Artspace. Materials are included.

Wednesday, August 21

Intro to Animation



Wellness + Play

Self Care Sundays

Various Times | The Chapel

Indoor Yoga

with Carrington Razook-Jackson

Sunday, June 2 | 3:30 - 4:30 pm **Sunday, July 28 |** 3:30 - 4:30 pm

Sound Bath

with Jana Campbell

Sunday, July 14 | 2 - 3:30pm **Sunday, August 4 |** 2 - 3:30pm

Breathwork

with Joss Michael

Sunday, August 11 | 2 - 3:30pm

Yoga in the Park

6 - 7pm | Flowers Field

Enjoy the beauty of yoga at Dix Park. All fitness levels welcome!

Every Monday

Ask a Psychologist: Tips for Mental Health

6 - 7:30pm | The Chapel

Three Licensed Psychologists share their top ten tips for managing mental health and emotional wellbeing.

Thursday, July 11

Forest Bathing

10 - 11:30am | Flowers Cottage

Led by certified mindfulness instructor, Jane Saiers, this talk and walk explores the history, research, and benefits of forest bathing for human health while experiencing our Pine Loop Trail with all the senses.

Sunday, June 30

Registration opens two weeks in advance for programs.

All Programs + Classes are free thanks to Dix Park Conservancy Donors!

Details + Register: <u>dixpark.org/calendar</u>

Summer Events

June 15

Capital City Junteenth Celebration

12 - 6pm | Harvey HIll

Juneteenth is the oldest nationally celebrated commemoration of the abolition of slavery in the United States. Bring your lawn chairs and blankets to enjoy an afternoon of music, entertainment, kids activities, vendors and food.

Visit <u>dixpark.org</u> for schedule, activities, and vendors.

June 21

Attun: A Public Art Celebration

4 - 9pm | Stone Houses

Join us for art activities, live music, artisan booths, and more as we celebrate Attun, the latest installation of public art at Dix Park by American sculptor and teaching artist, DeWitt Godfrey.



August 03

Movies on the Lawn

7 - 11pm | Flowers Field

Immerse yourself into a world of vehicles at this touch-a-truck event followed Pixar's Cars on the outdoor big screen. Bring a chair, enjoy food trucks and the movie!

7 pm | Touch-α-Truck + Food Trucks 8:45 pm | Movie *Cars* June 20

Summer Solstice Sunrise Yoga

6 - 8am | Flowers Field

Watch the sun rise over downtown during an early morning yoga session led by Carrington Razook-Jackson. All fitness levels welcome!

Yoga | 6-7am Coffee Truck | 7-8am

July 4

Raleigh 4th of July Fireworks

6 - 10pm | The Big Field

Raleigh 4th of July Fireworks are coming back to DixPark! This free event, presented by ABC 11 + The City of Raleigh, features activities, food trucks, and the fireworks begin at 9:30 pm. Gates open and shuttles start at 5:30 pm

Visit <u>dixpark.org</u> for all the details.



August 17

Kirby Derby

3 - 9pm | Richardson Circle

Every year friends and curious locals don costumes and line the streets to watch handbuilt, gravitypowered cars disguised as everything from sharks to cake slices. Bring a chair and enjoy the festivities, food trucks, and local vendors.