# **Dix Park** Program + Event Guide Spring 2025



## **Gipson Play Plaza Opening Soon!**

Designed with nature in mind, this stunning park features over 1,000 trees and incorporates natural materials like local stone and reclaimed wood into every structure and amenity, creating a garden-like setting that feels like a true escape.

The highlight of Gipson Play Plaza is it's one-of-a-kind adventure and water play areas, setting a new standard for outdoor fun in the Southeast. Explore multi-level climbing towers, swinging bridges, kid-powered water play, sandy play zones, slides, and a sensory maze. Meanwhile, the plaza—complete with a grand staircase and a breathtaking waterfall wall with a splash pad—will be buzzing with activity and hosting community events and performances all season long. Feeling hungry? Stop by the grab-and-go market for snacks, sandwiches, and drinks, or relax in the picnic courtyard, where shaded seating and grills are perfect for group gatherings. Plus, a hilltop terrace with a custom 90-foot-long swing will connect Gipson Play Plaza to the Grove, offering spectacular views of Raleigh's skyline and its century-old oak trees.

We can't wait to welcome you to experience all the fun, beauty, and adventure that Gipson Play Plaza has to offer! Stay tuned for a grand opening this Spring!

## Gardens + Ecology

### Little Explorers: Eye Spy

11am - 12pm | Oak Room Tuesday, May 20

Preschoolers will have fun learning about animals and nature at the park. Stories, games, songs, and live creatures bring this program to life for little learners!

### **Plant Pals**

6 - 7:30pm | The Chapel

Join Urban Pothos for this festive plant workshop. Attendees will create a small habitat for an air plant and decorate it using holiday decor items!

Wednesday, March 19 Houseplants 101

Wednesday, March 26 Paint-A-Pot

### **Bird Watching**

8 - 10am | Flowers Cottage

Learn from birding experts about the resident and migrant birds of Dix Park and sharpen your bird identification skills.

Saturday, March 22 Saturday, April 26 Saturday, May 24

### **Forest Bathing**

1 - 3pm | Stone Houses Visitor Center

Led by certified mindfulness instructors, this talk and walk explores the history, research, and benefits of forest bathing for human health while experiencing Dix Park with all the senses.

Sunday, March 16 Sunday, April 27

## Arts + Culture

#### Connect + Create

6 - 7:30pm | The Chapel Wednesday, April 30

Join us for this hands-on workshop to bring life to an old pair of sneakers that need an artist's touch, some uplifting and love!

#### Public Library Pop-up

10am - 12pm | Stone Houses Visitor Center Family Story Time | 10:30am

Join Wake County Public Library at the Stone Houses Visitor Center! Sign up for a library card, check out items, and return borrowed materials.

Thursday, March 6 Thursday, March 20 Thursday, April 3 Thursday, April 17 **Small School** 6 - 7:30pm | The Chapel

Thursday, March 6

Join us as Chip Thomas explores living in a different culture, photographing its people, and reflecting their images back. But whose story is truly being told?

#### **TeenSpace: Crafternoons**

2 - 4pm | Stone Houses Visitor Center

Middle - high schoolers, join us at Dix Park for a fun and creative afternoon!

Sunday, March 9 Vintage Patches

Sunday, May 25 Trace 'n Paint

## Wellness + Play

### Self Care Sundays

The Chapel

#### Indoor Yoga

A practice of connection... connecting us to our more authentic selves. Re-center and replenish with Carrington Razook-Jackson.

**Sunday, March 16 |** 3:30 - 4:30pm Sunday, April 13 | 3:30 - 4:30pm Sunday, May 18 | 3:30 - 4:30pm

#### Sound Bath

Immerse yourself in a serene journey of sound and tranquility with a rejuvenating meditation session with Jana Campbell.

Sunday, March 30 | 2 - 3:30pm Sunday, May 25 | 2 - 3:30pm

#### Breathwork

Get ready to experience a powerful session of breathwork that will leave you feeling energized and refreshed with Joss Michael. Sunday, April 27 | 2 - 3:30pm

### Yoga in the Park

6 - 7pm | Flowers Field

Enjoy the beauty of yoga at Dix Park, All fitness levels welcome! Mondavs

### Teenspace: Outdoor Yoga

2 - 3pm Stone Houses Visitor Center

Middle + highschool teens are invited to enjoy nature and tranquility at Dix Park with outdoor yoga. All fitness levels welcome!

Saturday, April 26

## **History + Reflection**

#### **Guided Walking Tour**

12 - 2pm Stone Houses Visitor Center

On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park. Attendees meet at the Stone Houses Visitor Center.

Saturday, April 12 Saturday, May 17

#### **Guided Trolley Tour**

12 - 2pm Stone Houses Visitor Center

Enjoy our guided tour from an accessible trolley! Saturday, March 15

## **Civil War History Hike**

10am - 12pm | The Chapel

Join us for a 2-hour walking tour exploring the Dix Park's rich Civil War history.

Saturday, April 19



All Programs + Classes are free thanks to **Dix Park Conservancy Donors!** 

Program registration opens two weeks before the date of each class. Details + Register: dixpark.org/calendar

# **Spring Events**



## Dreamville Music Festival

12 - 11pm | The Big Field

Dreamville Festival is a ticketed outdoor weekend music celebration produced by internationallyacclaimed hip-hop superstar (and NC native) J. Cole alongside his Dreamville record label team. More information: dreamvillefest.com

## **Raleigh Earth Day**

4 - 10pm | Flowers Field

5 pm | Activities + Food Trucks 8:15 pm | Movie

**April 19** 

The City of Raleigh, in partnership with We Plant it Forward, celebrates Earth Day and Arbor Day at Dix Park. This is a wonderful opportunity to connect with our community and share all the wonderful things we do to support our Mother Earth and the community all year long! We will be showing a family friendly movie to conclude the event. Captions provided.



🔞 Public Art

# dixpark.org