Dorothea Dix Park
Spring Programs + Classes

Every Monday + Wednesday

Yoga in the Park
6pm - 7pm | Flowers Field
Enjoy the nature and tranquility of Dix Park with a yoga class to increase strength and flexibility. All fitness levels welcome!
Beginning March 14

Every Thursday

Tai Chi in the Park
6pm - 7pm | Flowers Field
Tai Chi is a series of slow, continual movements that helps you find inner calm and balance. All fitness levels welcome!
Beginning March 17

Select Wednesdays

Kindermusik
9:15am - 12:15pm | The Chapel
Music classes for families from KinderVillage. It’s not about making little Mozarts, it’s about developing skills in the whole child! Registration Required.
Weekly, April 27 - May 18
Multi-Child Families (0-5 yrs) | 9:15am + 10:15am
Preschool Children (3-4 yrs) | 11:15am

Once A Month

Birdwatching
8am - 10am | Meet at Flowers Cottage
Learn about the resident and migrant birds of Dix Park and sharpen your bird identification skills.
Saturday, March 26
Saturday, April 23
Saturday, May 28

Once A Month

Connect + Create:
All Ages Art Classes
5:30pm - 7pm | The Chapel
In partnership with Artspace, we invite you to make some art at the park! Materials included. Registration Required.
Tapestry Weaving | Tuesday, March 8
Fabric Collage Totes | Tuesday, March 22
Crocheted Gardens | Tuesday, April 5
Sun Catchers | Tuesday, April 26
Drawing With an Eraser | Tuesday, May 3
Foraged Ink Drawing | Tuesday, May 24

Twice A Month

Explore Dix Park:
Guided Walking Tours
1pm - 3pm | Meet at The Chapel
On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park.
Saturday, March 19
Saturday, April 9
Saturday, April 30
Saturday, May 14
Saturday, May 28

All Programs, Classes and Events Are Free!
Details + Registration
dixpark.org/calendar

Dorothea Dix Park
Free programs and events are made possible thanks to Dix Park Conservancy donors.

Dorothea Dix Park continues to strive to be accessible and welcoming for visitors, including those with disabilities. Currently, outdoor areas, including some park spaces where programs and events occur, have uneven surfaces and are not fully accessible. Accessibility is a primary focus for all future park planning and development. Interested in attending a program or event? Raleigh Parks Inclusion Services works with community members to support participation. Contact us for more information.

Dorothea Dix Park

Dorothea Dix Park Spring Events

Saturday, February 12

Valentine's Day Drive In Movie
7pm - 9:30pm | Big Field
Bring your special someone to Dix Park for a special drive-in movie under the stars!
5:30 pm | Event gates open
7:00 pm | The Big Sick begins

Saturday, March 12

Wings Community Picnic
11am - 2pm | Harvey Hill
Join us to celebrate the exhibit's time in Raleigh, Mexican culture, and build community through art. Enjoy live music and food.
dixpark.org/wings

Saturday, March 19

Teddy Bear Picnic
10:30am - 11:30am | Chapel Event Lawn
Our friends from KinderVillage Music School invite families - and stuffed animal friends - to enjoy singing, dancing, playing instruments and more! (Ages 2-8 yrs)

Saturday, April 9

Yappy Hour
11am - 3pm | New Dog Park
Join us for an afternoon of four-legged fun and the opening of the New Dog Park location in Dix Park, highlighted in the map below.
We’ll have food and beer vendors, music, and local pet vendors.

Saturday, May 14

Civil War History Hike
10am - 12pm | Meet at The Chapel
Learn about the Union troops who camped on the state hospital grounds, Raleigh's earthworks, and the impacts of the Civil War on the hospital and patients. Led by City of Raleigh Museum Director, Ernest Dollar.

Sunday, May 15

Skywatching
9:30pm - 12am | The Big Field
Look through telescopes with Morehead Planetarium to view the night sky including a total lunar eclipse. Triangle Sax Ensemble will be playing stargazing tunes!

From Western Boulevard, turn onto Hunt Drive. Make a right onto Umstead Drive. New Dog Park location is on left. Follow event parking signs to parking areas.